

Published March 12th, 2009 on www.Travelblogs.com in response to the query:

Disappointment: When Places Don't Live Up to Your Expectations

My response was one of fifteen travel bloggers' responses chosen to print.

Tammie Dooley from [Solo Road Trip](#):

Travel and sex have several parallels. The anticipation, build-up and excitement connected to the act of making love can be much the same as that with travel. The stimulation of our brain in this stage is often one of the most satisfying components associated with both. I've discovered the physical encounter itself, for both love making and arrival at my travel destination, is seldom what I'd fantasized it to be. That is not to say it's disappointing (far from it), rather it's almost always DIFFERENT than what I'd envisioned. Our mind can compartmentalize a myopic and idealistic view that we can gloriously linger on for days, even weeks. But real life inevitably asserts itself "in the moment" endeavoring to put a check-and-balance to the convenient way our brain filters out the unpleasantness of say, awkwardness where love-making is concerned and the glaring realities of say, delayed flights and lost luggage where travel is concerned. Dismayed at times by my capacity to conjure up the aforementioned idealistic hopefulness, experience has taught the degree of departure from my expectations is not what underwrites a pleasant travel experience. I've yet to suffer disappointment from any of my travels and I hope to maintain this!

Actual link: <http://www.travelblogs.com/articles/disappointment-when-places-dont-live-up-to-your-expectations>